

FEBRUARY 2012

Family Resource Centre

547 Michigan St.
Coordinator: 250-388-7844 Ext.313

WEEKLY PROGRAMS:

Creative Play Drop-In (Birth to 5 yrs.)

A drop-in program which offers many free play activities such as play dough, painting, collage, puzzles, books, toys as well as outdoor play. A healthy snack is served around 10:30. Join our circle for songs and finger play after snack, or have a little more playtime outside before it's time to say goodbye. **(Suggested donation \$2)**

Toddler Time Drop-In (Birth to 30 months)

This drop-in program is suited to younger children 30 months and under. Children's play activities, snack and circle time are all part of the morning. **(Suggested donation \$2)**

Baby Group (Birth to 7 months)

This nurse led support and information group includes: speakers, discussion, fun and friendship with other new parents. **To register please phone 250-388-7844. (FREE)**

Mother Goose Program (Birth – 12 months)

Enjoy rhymes, songs and finger play. Listen to a story, learn to tell a story. Snack provided. **To register please phone 250-388-7844 Ext 313. (FREE)**

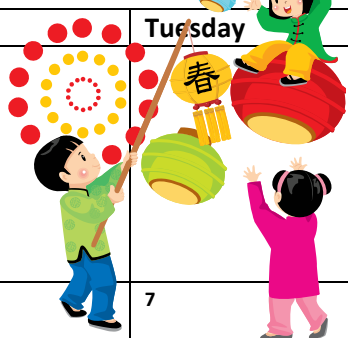
Taking Turns Drop-In* (Birth to 12 years)

The James Bay Community Project is pleased to announce a new drop-in program. This program will provide a place for families with children aged birth to twelve, to network and support one another. **(FREE)**

Cool Cues* (8-10 years old)

Cool Cues is a social skills building program for 8-10 year olds. It is a 6 week program and topics include: How to make new friends, how to keep friends, boundaries, group behaviour, building self-confidence, and bullying. It is a children's program – parents do not attend but are invited to go home and discuss these topics with their children. Program is free but registration is required. **(FREE)**

*Call Janessa at 250-415-7721.

Monday	Tuesday	Wednesday	Thursday	Friday
				
		1 Mother Goose 12:30 – 2:00 *** Taking Turns 4:00-6:00	2 Creative Play Drop-In 9:00-11:30 am *** Baby Group 12:30-2:30	3
6 Creative Play Drop-In 9:00-11:30 am *** Cool Cues 3:30 – 4:45	7 Toddler Time Drop-In 9:00-11:30 am Individual Dental Sessions For Children 5 and Under 3:00 – 4:30 pm	8 Mother Goose 12:30 – 2:00 *** Taking Turns 4:00-6:00	9 Creative Play Drop-In 9:00-11:30 am *** Baby Group 12:30-2:30	10
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