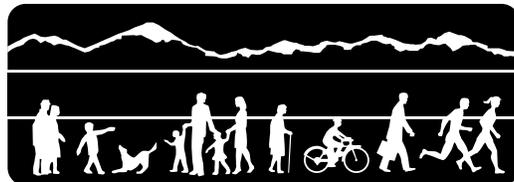


# Annual Report 2016/17



JAMES BAY



COMMUNITY  
PROJECT

*Building Community Together*

# Chairperson's Report



George Jamieson, **Board Chair**

Changing needs are a challenge for all community organizations. As we adapt to new circumstances, we also keep our focus on the reasons we're here. The needs change, but our mission does not. This year the staff and volunteers of the James Bay Community Project were very busy with that challenge. Thanks to the imagination and skill of our people, we have adapted to change in our community, and in our organization.

The first changes were in our offices. Three of our staff members took time off for maternity leave during the past year. Two employees left for other positions, one from our staff and one from our partner agency, Capital City Volunteers. Kaye Kennish, our Executive Director, has recruited excellent people to step in and keep our programs operating at top quality. We are glad to welcome our new colleagues, and to welcome back three proud and happy mothers.

We are also preparing for other changes

in the year ahead. The City of Victoria will open a James Bay branch library next year. The small library on the main floor of our building will close. We will find a new use for that space, and new ways to benefit from the energy of the volunteers who operate our Community Library with such dedication. We will also find new revenue, to replace the grant the City provided for the library. One of our main tenants, the HerWay Home program, will move into a new building in Saanich. When their building is ready, we will have other decisions to make about space, and about revenue.

These changes are part of a bigger pattern that we see in our community, and beyond. We see more than new buildings across the street or across town. We see new people, with different needs, and different skills to offer us. We also see familiar people – some we've known for decades – with new concerns, caused by political and economic currents rippling through the system.

More than two years ago we began searching for ways to identify and respond to these changes. When we wrote our Strategic Plan we surveyed the people who take part in our programs, and our neighbours in the community. You told us what you value most about what we do, and what new services you want us to explore. We worked to strengthen our partnerships with other agencies, and to

build new connections. We asked funding agencies and sponsors to help us find new sources of revenue. Funding is not as stable as it once was. Different priorities mean tighter budgets for everyone.

All of these conversations will continue. We will keep asking you what we can do together to help our friends and neighbours. We will keep asking funding agencies and potential partners to support existing services, and to help us find new opportunities to serve. We will keep asking ourselves what more we can do.

I want to acknowledge the people who make these things happen. Our staff, led by Executive Director Kaye Kennish, delivers professionalism, creativity, and compassion every day. No matter what the challenge, they always find a way. Our volunteers are the heartbeat of the agency. They donate their intelligence and passion to everything we do. We also learn and gain strength as we collaborate with other organizations, including the Victoria Health Co-operative, Capital City Volunteers, and the Coalition of Neighbourhood Houses.

We are grateful to individuals and organizations for their help. Our major supporters include government departments and BC Gaming, the United Way and the Victoria Foundation. We receive contributions from local friends and sponsors like Pharmasave, Coast

# Staff and Board of Directors

Capital, and Spinnakers.

Individuals and families generously respond to our fundraising campaigns. We are thankful to every individual, company, and partner. Your financial support is vital to us. Equally important, it tells us you value our work, and want to help us do more.

Some needs change, but our mission does not. The reason we're here is to help people become more resilient and build better lives. On behalf of the Board of Directors, our staff, and our volunteers, I want to express our thanks to all of you, for making our work possible.

### We said goodbye and good luck to:

Lisa Gleinzer: Coordinator of Volunteers & Community Programs  
Kirsten Mueller: CCV Outreach Worker

### Congratulations to new Moms:

Jen Tessier: Better at Home Coordinator  
Deb Dosil: Family Centre Facilitator  
Janessa Serediuk: Youth and Family Outreach Worker

### We welcomed to the team:

Maxine Fisher: Youth and Family Services  
Susanne Dannenberg: CCV  
Jennifer Walton : Victoria Better at Home  
Kristyn Laver: Volunteer Services & Community Programs

## Staff 2016/17

### Administration

Marianne Boulton, Receptionist  
Bob Broughton, Bookkeeper  
Paula Greene, Communications Manager  
Kaye Kennish, Executive Director  
David Lucas, Building Operations Coordinator  
Helen Tuele, Board Support Services  
Brian Vining, Finance Manager

### Family & Community Services

Barb Anderson, Family Development Worker  
Deb Dosil, Family Centre Facilitator  
Kristyn Laver, Coordinator of Volunteers & Community Programs  
Susan Henderson, Community Closet Thrift Store Manager  
Susanne Dannenberg, Capital City Volunteers (CCV) Outreach Worker  
Noriko Oka, Outreach Worker  
Maxine Fisher, Youth and Family Outreach Worker  
Nancy Smith, Family Centre Coordinator  
Jennifer Walton, Better at Home Coordinator

## Board of Directors 2016/17

George Jamieson, Chair  
Rozlyne Mitchell, Vice Chair  
Lauren Clavora, Secretary/Treasurer  
Mavis DeGirolamo  
Kelly Gesner  
Paul Green  
Onkar Heer  
Jenna-Lee Hodgson  
Joanne Huston  
Yasmin Rampuri



David Lucas, Building Operations Coordinator

# Executive Director's Report



Kaye Kennish, **Executive Director**

Over the past year I have sometimes been overwhelmed, alarmed and shocked by some of the headlines with which the media have assailed us. The events these headlines describe have left me at times feeling incredulous, horrified, angry, numb and helpless.

However, if I turn my gaze from the world stage to my world at JBCP over the past year and conjure the kind of headlines that would be generated by it, I have entirely different responses. Here are some of those headlines.

- "Receptionist Answers Ten Thousand Questions with Compassion and Patience"
- "Donor Provides Cans of Soup for Daily Distribution"
- "Hundreds of Parents Leave Family Centre Feeling Heard and Supported"
- "James Bay Families Eat Thanks to Gift of Good Food, Mustard Seed Hampers, Coldstar and James Bay Farmers' Market Coupons"
- "300 Volunteers Keep JBCP Going"
- "Board Chair Makes 50 Plus Pots of Soup"

These are just a sample of headlines that make me feel happy and humble in the face of all the acts of kindness and thoughtfulness shown by good people every day. Surely, if we want to see a change to headlines on the bigger stage we need to bring more attention to the ones that are being acted out in places like JBCP, celebrate them and contribute to creating them.

I'd like to thank all the people who make our headlines – the Board and the other JBCP volunteers who give their time, energy and commitment, the donors whose generosity keeps us going, and the staff who work so hard, always go above and beyond and give so much of themselves to their work.

On the staff front we are happy to see Deb Dosil back from maternity leave, and look forward to welcoming back Janessa Serediuk and Jen Tessier in September. I am very grateful to Kristyn Laver, Maxine Fisher and Jennifer Walton for covering these maternity leaves so ably. We are thrilled that Kristyn Laver is still with us, now as the new Coordinator of Volunteers & Community Programs after the departure of Lisa Gleinzer, whose great contribution to JBCP over the time she was here cannot be overestimated.

We are also lucky to have had Susanne

Dannenberg join the team as Outreach Worker for CCV after the departure of Kirsten Mueller, who will be greatly missed by so many of the seniors she assisted. There have been a lot of staff changes this past year which has created extra challenges for those remaining and I'd like to pay tribute to them.

I do need to emphasize that the reality is we rely on donations, and it is my hope that in our next newsletter we'll be able to feature a headline such as "Donations to JBCP Reach All-time High – New Programs Possible" – you can be one of the people who helps write that headline!

I cannot end this report without attempting to express my appreciation to and for George Jamieson, who is now stepping down after 3 years as Chair. George – you have not only worked tirelessly and thoughtfully on behalf of the agency, but you have been an invaluable help and support to me – your wise counsel, quirky humour and devotion of time and effort to the JBCP cause have been invaluable to the agency and to me personally. Thank you so much.

I hope that everyone reading this report is able to create lots of positive "headlines" in her or his own life, and that you are all able to help JBCP write it's hopeful headlines in the years to come.

# Family Resource Programs

## Family Centre

Nancy Smith & Deb Dosil

Our Family Centre has welcomed families from the community for over 30 years. We are a member of the BC Association of Family Resource Programs, an organization which has over 200 members in the province. Family Resource Programs are based on the belief that consistent positive parenting skills and healthy child-parent relationships are essential to healthy child development. Research strongly demonstrates the impact of the early years on life-long health and social outcomes, and suggests that investing in supportive programs for young families

significantly reduces future costs to health care, education, social programs and the criminal justice system. Family Resource staff provide family support, play-based learning activities, parent education, as well as information and referrals to community resources.

One of the unique features of JBCP's Family Resource Centre is the opportunity to enrich our programming with the talents and assistance of a diverse group of volunteers who help in many ways in the programs, adding their experience, interest and nurturing touch. We are fortunate to have a dedicated team of volunteers who have given over a thousand hours of their time to support our many family programs over the past year.

## Baby Group

This program, for new mothers with babies from birth to about 7 months, incorporates education topics and discussion time. New parents receive information and support on a wide variety of issues such as infant development, nutrition and breastfeeding, sleep, CPR, health and safety and



community resources. During the past year, we ran three 10-week groups with 33 women and babies attending.

## Parent-Child Mother Goose (PCMG)

This popular program is based on strengthening attachment and enhancing nurturing parent-child relationships through songs, stories and discussion.

Thanks to funding provided by SuccessBy6, we were able to provide four 10-week sessions of Mother Goose, serving a total of 65 families with babies up to age one. Two of our PCMG programs this year will have been collaborations with the Infant Development Program at the Queen Alexandra Centre for Children's Health.

# Child, Family & Youth Services



We have really enjoyed welcoming new families and their little ones and look forward to continuing this program in the fall.

## Creative Play and Toddler Time

The 2016/2017 year was a very busy and active one in the Family Centre. We currently have over 300 families registered in the Family Centre and there were over 3400 adults' and 4100 children's visits across our morning programs. Funding for these programs is provided by the Ministry of Children and Families and Public Health Canada; Community Action Plan for Children (CPAC).

## Welcome Playgroup

Thanks to funding provided by Public Health Canada (CAPC), the Family



Centre has continued to offer our weekly playgroup for newcomer families (less than 10 years in Canada).

During the past year we served 107 different families from 24 different countries. This group also accepts referrals from the Intercultural Association of Victoria and Victoria Immigrant and Refugee Centre and Island Health. Families have the opportunity to talk to a public health nurse and a dental hygienist from Island Health once per month. Families can find out about available services, make new friends, share information about resources, find support and connect with other newcomers in the community.

## Child and Family Development & Youth and Family Outreach

Barbara Anderson & Maxine Fisher

## Family Development Program and Positive Parenting Program

The Family Development Worker (FDW) offers one on one consultation, individual parent education and counselling support for parents with children up to age 12, regarding concerns that impact their families.

We offer several programs that are based on cognitive-behavioural approaches, simply put this helps people learn how their thoughts, beliefs and attitudes affect their feelings and behaviours. Our programs aim to help teach them coping skills.

Parents/other caregivers are referred through MCFD (Ministry of Children and Family Development), community agencies or self-refer.

A number of programs are run to provide help, education and support to children, youth and families:

**“It (Pathways) is helpful for me (and my partner), to deal with stressful situations that life presents”.**

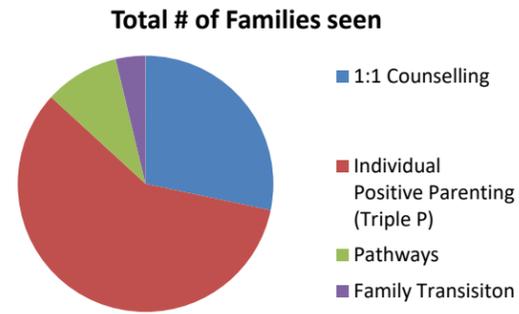
Positive Parenting Program (Triple P):

Triple P is a cognitive behavioural approach toward parenting with a straight forward and positive focus. Triple P encourages parents to enhance child development and manage children's behaviour in a constructive and respectful manner. There is additional Positive Parenting Training following Triple P where families can engage in further parent education.

# Child, Family & Youth Services

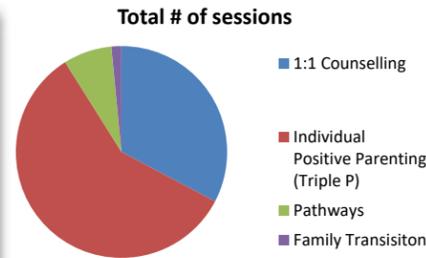
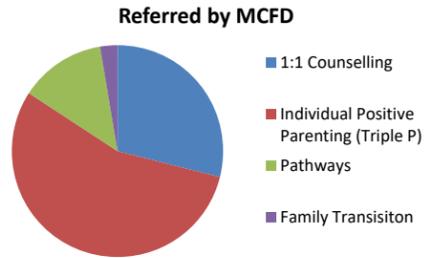
## Pathways and Family Transitions:

The Pathways program is an advanced cognitive-behavioural program designed to provide parent education and support for parents with managing their own emotions, particularly anger. The Pathways training is provided on an individual basis, to parents.



## Family Transitions:

Family Transitions is another cognitive-behavioural program designed for families dealing with separation and divorce.



## Youth and Family Outreach

The Youth & Family Outreach Worker provides information, support, education, mediation and referrals for youth (ages 13-19 years) and their families, on an individual basis. This work can occur in the home, office or community.

The Connect Parent Program runs once per year and is an attachment-based group program for parents of teens struggling with mental health and behavioural issues.

Cool Cues is a social skills program for 8 – 10 year olds. Cool Cues runs several times per year at the Project. Children explore ways of interacting with others through a variety of fun activities. When asked what they learned in this program, one child said "how to respect other people."

Family Dinner is a weekly program focusing on building the community connection of families. Volunteers cook and serve a delicious meal and there is time for families to access the support of each other and services at the Project.



# Outreach, Seniors and Adults with Disabilities



## Outreach for Seniors and Adults with Disabilities

Noriko Oka

In 2016, the Outreach Worker continued to support seniors and adults with disabilities living independently in the James Bay area. The Outreach Worker facilitated matches between participants and our dedicated pool of volunteers. She linked participants with programs at the James Bay Community Project as well as referring to other programs and services offered by various community partners.



She also provided individual support to participants who were at particular risk and would benefit from more specialized intervention. She worked in close collaboration within a team including Capital City Volunteers, Better at Home, Volunteer Services and reception in streamlining service delivery and enhancing best practices.

## Seniors Advisory Committee

This year there was a reduction in membership due to personal circumstances. The group is currently on hold while trying to recruit new members.

## Direct Services:

James Bay Community Project is part of a network of six agencies in Greater

Victoria that provide one to one direct volunteer services. Dedicated volunteers provide support to seniors and adults with disabilities in order to assist them to live independently in their homes. These volunteer services include:

- Assisted Drives (medical and errand)
- Visiting
- Walking
- Gardening
- Light Errands
- Dog Walking
- Organizing
- Income Tax Preparation
- Computer Support
- Reading and Writing
- Playing Games
- Minor Home Repair

## Capital City Volunteers

Susanne Dannenberg, RSW



Capital City Volunteers (CCV) continues to provide much needed services to seniors and adults with disabilities through one on one outreach support, volunteer matching and a subsidized housekeeping program. As the new Outreach Worker, who started at CCV at the end of March 2017, I am on a steep but fast learning curve with much appreciation for the welcoming

# Outreach, Seniors and Adults with Disabilities

and supportive team at the James Bay Community Project.

I stepped into my tenure at CCV with 231 active participants as compared to my predecessor reporting 262 active files in June of 2016. The annual statistics for this reporting year (April 1, 2016 to March 31, 2017) recorded on our data base were 63 new participants. However, these numbers do not include re-referrals and re-activated files, and the total number of referrals is actually 161 participants. Of those referrals 42 were from Island Health, 38 self-referrals and 81 by others. The average age of our participants was 75 years.

As for volunteers, in June 2016 we had 90 volunteers and at the end of this reporting period (March 31, 2017) we had a total of 63 volunteers with 10 of them being new. The average age of our volunteers was 55 years and they provided a total of 855 jobs and 1846 volunteer hours. The most frequent services provided were friendly visits (306 jobs), medical drives (232 jobs) and dog walking (167 jobs) as compared to the previous year where reportedly drives were the most prevalent volunteer service provided through CCV.

In closing, the average length of volunteers and participants staying with us is over three years, and I look forward to being here at least that long.

## Victoria Better at Home

Jennifer Walton

The James Bay Community Project and Capital City Volunteers are pleased to deliver the Victoria Better at Home program to seniors living within the City of Victoria. Better at Home is funded by the Ministry of Health and managed by the United Way.

The Better at Home program recognizes that seniors and elders are an important and growing part of our community and their active involvement enriches everyone's lives. To ensure that older adults continue to play an active part in our communities, they often need support to live independently in their own homes, surrounded by friends, families and neighbours.

Victoria Better at Home helps seniors with simple chores so they can continue to live in their home and remain connected to their community. The program offers light housekeeping, minor home repairs, transportation to appointments and a Seniors' Connections Group. The Victoria Better at Home services are available to those who are 65 years old or older, residents of the City of Victoria and

who are living independently.

Seniors inquiring about receiving Victoria Better at Home services go through an intake and registration process with an Outreach Worker who will visit the senior and assess their needs to determine if they would benefit from Victoria Better at Home services. Fees may be assessed for the light housekeeping service on a sliding scale based on the senior's household income.

Better at Home helps seniors with simple day to day tasks, allowing seniors to maintain their independence. As one participant of the Victoria Better at Home states: "The two gals who deliver the Better at Home housekeeping service are awesome. They do a great job and are friendly and polite. The services they provide would not get done if they weren't here. Because of my health concerns I simply cannot do what they do for me. They're the best!"



# Community & Volunteer



## Volunteering

Kristyn Laver

Volunteers are involved in most every aspect of life at the James Bay Community Project and keep our services and programs active and running. Volunteering is a valuable and rewarding experience for people of many ages, stages and abilities. The tasks are as vast and diverse as the people engaged in them. About 300 volunteers completed about 9000 different jobs in the past year. That translates to about 27000 volunteer hours in a year!

A typical day at the James Bay Community Project sees volunteers arrive from one or two of the Community Living agencies that we collaborate with such as the Garth Homer Society, Frederic Ozanam Centre,

Futures Club, and InclusionWorks!

They would engage in activities like cookie-baking, soup-making, artwork, clothes-sorting for the Family Centre and bread sorting and packaging. Volunteers from the community would already be busy in the kitchen preparing a healthy snack for one of the morning drop-in groups. Some would be assisting the children with painting and puzzles. Meanwhile a Reiki practitioner might be volunteering skills in the upstairs boardroom or kitchen while another 2 people have arrived for a two hour shift in the library. At the same time out in the community drivers would be picking up seniors to take them to medical appointments or helping them to do errands. Volunteers would be dropping by to spend some time decluttering and



chatting with a person in need of help and social connection and someone else has arrived for a shift at the Community Closet retail store. We may have received a shipment of food from ColdStar to sort into our fridges and freezers or perhaps it is a Mustard Seed delivery day and we need to get food parcels to several people out in the community and sort some for pick up here at the Project...a day in volunteering life...and that is likely before lunch! It's a glimpse that doesn't include other tasks like set-up and clean-up, gardening, help at the reception desk, making phone calls, shopping, toy washing and errands.

## Community Programs

The help and skills of volunteers allow us to offer over 25 low-cost and free Community Programs. These include Foot care, Blood Pressure Clinic, Reiki, Meditation and Self-Knowledge, Exploring Ancient Chinese Wisdom, Macular and Low-Vision Support Group, Qi Gong, Postural Stretching and Chronic Pain Management.

Other organizations we partner with to host groups at the Project include African-AIDS Angels, Breast Friends, LifeRing Support Group and Toastmasters.

## Community Food

Over the course of a month the Project sees donations from community partners like Thrifty Foods and Mustard Seed (which

# Community & Volunteer Services

includes both food hampers and the Food Rescue Program) Cold Star Freight Systems, the Good Food Box program, Level Ground Trading Company and Six-Mile Bakery. We also partner with the Farmer's Market Association to distribute food coupons that allow participants to purchase food from local Farmer's Markets in the growing season. In short, this translates to thousands of dollars of food that greatly offset our costs to provide food for the Project's programs and to those in need in the community.

We also belong to the Community Kitchen Network and host, on occasion, Food Skills programs with funding from Island Health and Canadian Diabetes Society Food Skills for Families.



## Community Services

### Library

The library is operating under a partnership that includes funding from the City of Victoria and book loans from the GVPL. Twice a year we exchange about 450 books with the GVPL to keep circulation fresh amongst the 2500 donated materials. Over 40 Volunteers contribute to the smooth running of the library from 10am-4pm Monday to Friday.

On average, about 450 patrons visit the library each month. The current relationship we have with the GVPL will end in 2018 when their new branch opens in the Capital Park development and our library will be closing.

### Tax Preparation

Every year we offer a free tax preparation service to the community through a team of volunteers. Over 300 tax packages have been prepared this year.

### Community Access

We have 2 public access computer stations available for use Monday-Friday from 8am to 4pm. They are free and can be used for an hour at a time on a first come first served basis. Printing is 10 cents a sheet.

We offer free public telephone, the Times Colonist newspaper and a large selection of brochures and resource materials. If community members are in need, we are able to offer them a can of soup daily at reception and free bread on Tuesdays courtesy of Thrifty Foods, James Bay.

# Community Closet



## Community Closet Thrift Store

Susan Henderson

In August of 2016 the Community Closet Thrift Store was thrilled to win the opportunity to pitch their business strategies and challenges to the 3rd Annual seCatalyst Enterprise.

12 groups originally applied. Of the 12, 3 groups became finalists. The Community Closet Thrift Store was one of the 3. All 3 groups were passionate, committed, tough competitors who did their best work and pitched their best ideas to a panel of expert judges, from all over Vancouver Island. The Gala event took place on November 24 at Camosun Interurban campus. The judges were joined by a live audience of supporters, students, interested persons, and some fascinating speakers.

That evening the Community Closet won \$9,000.00 in cash plus business and strategy coaching. It was an exhilarating process that left us thrilled. The money we won will allow us to find a place within James Bay where we can expand the store, improve the merchandising and be more closely in tune to our customers. For example we need room for more than one wheelchair or walker at a time. We are looking for our new home but it is so far elusive.

The Community Closet has had a quieter start to Spring / Summer 2017 due almost

entirely to the weather. Retail has always felt the pinch when the weather is bad and Thrift Stores are no exception. In Victoria this February we had almost 3 weeks of ice, snow and miserable weather. March was an improvement but April was not.

People are motivated by weather to wear their new purchases. We have put a lot of warm weather items out and we've seen and increase in customers – we just need more blue sky and double digit temperatures.

Shoppers love the Community Closet for it's variety, selection, and prices. Thrift shopping is fun, it's a game. It's Retail Therapy. It's a search for the best / most colourful / most exotic find, not the exact thing you came in for.

And "it", the second hand market, whether it's Thrift or Consignment or On-Line, is

big business in Victoria. 85% of British Columbians access this second hand market.

As I see it, a key role for The Community Closet is to offer the best selection of adult clothing and accessories at the best price, in a space that feels comfortable and that shoppers can identify with. It is their store.

Year over year we generated a sales improvement although the pace of those improvements has slowed. In the year ended March 31, 2017 we increased sales by 3% or \$3,711. We're proud of that and will work hard in the coming year to improve upon those numbers.



# Finance Report 2016/17

## Finance Report 2016/2017

Brian Vining, Finance Manager

The year ended March 31, 2017 has presented continuing challenges but both revenues and expenditures have stabilized after the major program changes experienced between 2015 and 2016. However, further uncertainties have evolved due to potential fluctuation in our rental income due to anticipated, and possible, changes in our major tenancies. This has required a concentrated review of our property and premises by Board Directors and others to ensure maximizing the value of these assets and ensuring that property income is maintained and enhanced in the longer term. Increased emphasis has also been placed on maintaining our existing funding sources as longer term funding has been replaced by more short term, one-off funding.

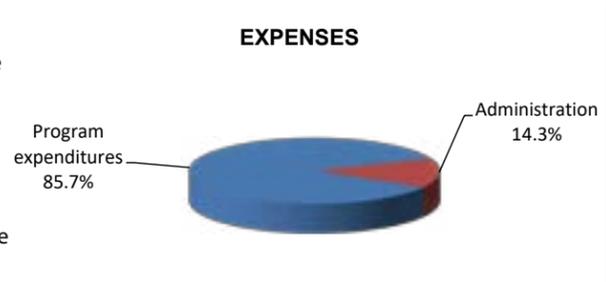
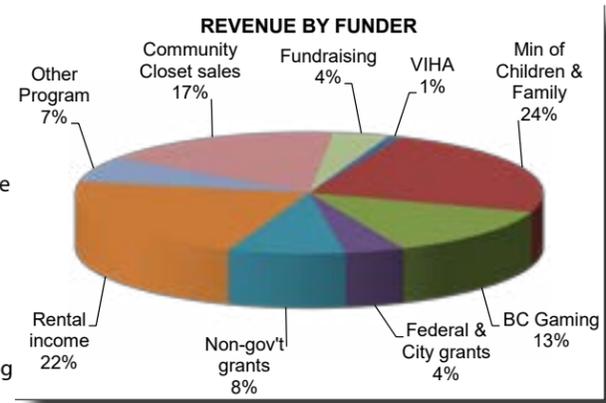
2017 total revenue increased by 2.3% from 2016. 2017 total expenditure decreased by 4.1% from 2016

Sales at the Community Closet rose modestly to \$127,000; donations recovered slightly from 2016 to \$29,000 in 2017.

Salaries and benefits expenditures declined by \$13,500 between 2016 and 2017. This was due to staff absences and changes. Building maintenance was also reduced by \$7,000 by deferring some discretionary maintenance pending the review of the building's usage.

Program delivery under the Better at Home program, grew throughout the year with revenue based on usage increasing by \$13,500. While this does not directly benefit the Project, it does increase our administration revenue somewhat and increase the likelihood of future funding.

During the year ended March 31, 2017, we reduced our mortgage by \$26,653 to \$155,901. The mortgage was renewed during the year at a slightly reduced interest rate. Primary funding for the Project came from the Ministry of Children and Family Development, the Public Health Agency of Canada, City of Victoria, the Province of BC (Gaming Policy Branch), United Way of Lower Mainland, United Way of Greater Victoria, Thrifty Foods Smile Card Program, and our many other funding partners and the community at large.



# Thank You to our Supporters!



January 1, 2016- December 31, 2016

*We are very grateful to the following funding agencies, organizations, businesses, and individuals for their generous gifts.*

## Funders and Grants 2016

BC Housing  
 BC Ministry for Children and Family Development  
 CAP-C  
 City of Victoria  
 Coast Capital, James Bay  
 Farmers Market Nutrition Program  
 Island Health Authority  
 RBC, Royal Bank  
 SeCatalyst  
 Success By 6  
 The Province of BC  
 Thrifty Foods Smile Card Program  
 Times Colonist Raise -a-Reader Fund  
 United Way of Victoria  
 Victoria Foundation

## Donations \$1,000 to \$4,999

Pharmasave, James Bay  
 TELUS

## Donations \$500 to \$999

Tanya Anderson  
 Sam Broadbent  
 Michael Carson  
 William Corbin  
 Carole Elliott

Ann Geddes  
 Robert Toublanc

## Donations \$200 to \$499

Sharon Buchan  
 Marsha Carters  
 Mavis Degirolamo  
 David and Pauline Edwards  
 Nancy L. Ferguson  
 Pauline MacKenzie  
 Jean McClure  
 Raku Pope  
 Arleigh Trail  
 Marjorie Welch  
 Royal Canadian Legion Branch 127

## Donations \$100 to \$199

Alice Adams  
 Leonda Adler  
 Sylvia & Ken Austin  
 Robert Carlen  
 Audrey Cousins  
 Gertrude Coutts  
 David English  
 Bob & Jennifer Hastie  
 Joanne Huston  
 Maya Iwata  
 Irene Magill  
 Kathleen Moeller  
 Norman Preston  
 Winifred Sewell  
 Jenny Stoldt  
 Jane Taylor  
 Mark Tibbits

Elizabeth Willekes

## Donations \$99 and under

Melanie Adams  
 Olive Boorman  
 Kevin Brechert  
 Joan Cook  
 Marguerite Blanche Davidson  
 Jill Dol  
 Anka English  
 Trudy Fitch  
 Jean & Kevin Forrest  
 Sheila Gaunt  
 Gerhard Hirsch  
 Arthur Hoolachan  
 Joan E. Hougan  
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 Paul Johal  
 Glenna Lapointe  
 Roberta Little  
 Margaret MacGregor  
 Barbara Marshall  
 Dinah Mastine  
 Garth Mayhew  
 Michael McClimon  
 Richard Morgan  
 Rhonda Morley  
 Thora Morrison  
 Noriko Oka  
 Mary Doris Parkinson  
 Norma Pelikan  
 Selma Pihel  
 Vladimir Raivitch  
 Jean Robinson  
 Clyde Smith

# Thank You to our Supporters!

January 1, 2016 - December 31, 2016

Olga Stratholt  
Debra Tully  
Lynne Vickson  
Ruth Waldick  
Darlene Walker  
Horst Westerlage  
Kathleen Whiting

## Sponsors & Gifts in Kind

4 South Nurses Royal Jubilee  
Amica - Douglas  
Amica - Somerset  
Anna Munoz  
Aria Condo Group  
Arleigh Trail  
BC Transit  
Barbs Fish and Chips  
Church of Truth  
Coast Capital Savings  
ColdStar Freight Systems  
Co-op Health Clinic  
Deborah Walters  
Heron Rock Bistro  
Hotel Grand Pacific  
Inn at Laurel Point  
IMAX Victoria  
James O'Brian  
Joan Gorill  
Level Ground Coffee  
Marie Louise Logan  
Mavis Degirolamo  
Melanie Storvick  
Mustard Seed  
My Sister's Closet  
Neighbourhood Garden of All Sorts

Physioplus  
Rosamund Stooke  
Sandman Hotel Group  
Sharon Russell  
Slegg Lumber  
Stephanie McDowell Massage  
Superchance Consignment  
Thrifty Foods  
Twice As Nice  
Victoria Athletic Club  
Victoria Symphony  
Women In Need  
Victoria Harbour Ferry

## Fundraising

2016/17 was a busy year and as always we are grateful to have such wonderful partners in our funders, community and corporate supporters.

New in 2016 was Giving Tuesday. We partnered with Pharmasave, James Bay who asked customers for a donation at the checkout. Giving Tuesday is a global movement which happens on the Tuesday after Black Friday and Cyber Monday.

Victoria Athletic Clinic supported us for the third year with our run walk clinic by donating 50% of the registration fee back to James Bay Community Project.

Every year we reach out to the community through our Direct Mail campaign which goes out in the Fall. We ask you to support programs and services by making a donation and your generosity is

heartwarming.

For a second year we joined the Victoria-wide Gift of Good Food campaign which raises money to provide a fresh fruit and vegetable box every two weeks to families. Through your support 17 families in James Bay are receiving fresh food this year.

Thank you to all those who donated in-kind items. We have a new floor outside the Family Centre thanks to Slegg Lumber and our Silent Auction wouldn't run without the generosity of many local businesses.

Fundraising is a continuous task and without you, our donors and supporters, we couldn't fulfil our mission -thank you for 'Building Community Together'.



# James Bay Community Project



## Programs & Services

### Family & Youth Services

Creative Play & Toddler Time drop in, parent education and support groups, baby group, parent /child Mother Goose, Welcome Playgroup, Triple P parenting program, family dinners, Cool Cues, outreach counselling program.

### Services for Seniors and Adults living with disabilities.

Outreach Worker, Seniors Social Connections group, Victoria Better at Home program.

### Direct Volunteer Services

Transportation, visiting, walking, reading, games, basic computer lessons, dog walking, yardwork & gardening, light errands, organizing, decluttering and minor home repair.

### Community Closet Thrift Store

Quality adult used clothing, accessories and books.

### Community Programs

Foot care, reiki, blood pressure clinic, meditation and self-knowledge, qi gong, macular degeneration & low vision support group, exploring ancient chinese wisdom,

postural stretching.

### Other Community Program Partners

Mustard Seed, WIN.

### Community Library

Hard cover and paper back books, DVD, audio and low vision materials and magazines.

### Community Living Agencies Volunteer Support

Partner agencies: Garth Homer Society InclusionWorks!, Kardel Consulting, Futures Club, Community Living Victoria - Satellite Program, Society of St. Vincent de Paul-Frederick Ozanam Society.

### Hosted Community Programs

Self management programs of BC, African AIDS Angels, Breast Friends, Community Kitchens, Food Skills for Families, Canada Revenue Agency - community volunteer income tax program, Blood Pressure Clinic.

### Rented Community Spaces

Toastmasters, LifeRing support group. Various community groups (non-profits, charities, festivals, support groups).

## Community Food Programs

ColdStar, community food donation, canned soup, Food Rescue Project, bread programs.

## Community Access Programs

Computer access, Times Colonist paper, phone, information, brochures and the James Bay Beacon paper.

## Tenant Services

### Community Health Co-op

The Victoria Health Co-op is a tenant of JBCP and provides MSP funded services to patients of the Co-op Health Centre.

### Essential Health Centre

Massage Therapy.

### HerWay Home

HerWay Home provides non-judgmental health care and social supports for pregnant and parenting women who are affected by substance use - and who may also be affected by mental health issues and trauma. We work with women who are pregnant or whose babies are under six months old at time of contact.

### LifeLabs

Laboratory testing services.

# James Bay Community Project

Thank you to the Board of Directors, staff, volunteers,  
donors and funders for  
*Building Community Together*



James Bay Branch

Our Mission

To build resilience through connections

How to Contact Us

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