

We are so fortunate to have such committed donors and volunteers, like you. Without you we couldn't provide the programs and services we do - thank you for all your support.

There are so many ways you can donate these days. New and creative methods of giving mean there is something for everyone. Below are the ways you can support James Bay Community Project and make a difference to Seniors, Adults with Disabilities, Children, Families and Youth.

- Make a donation online: make a one time donation or become a monthly donor www.canadahelps.com
- Fill in the donation form below
- Leave a legacy: A gift in your will keeps giving into the future
- UsedEverywhere/BeGiving: When you sell something on UsedEverywhere you can donate a portion of the proceeds to JBCP
- In-kind: Donate non-perishable food stuffs such as soup to stock our community food cupboard
- Thrifty Foods Smile Card: Pick up your Smile Card at JBCP reception
- Memorial Gift: Remember your loved ones with a memorial gift

Leave a legacy

You can acknowledge James Bay Community Project in your will. Perhaps JBCP has had an impact on your life, or that of a loved one. Gifts large and small are important. Legacy giving is not only for the wealthy!

Please contact us today to find out how a legacy gift can benefit James Bay Community Project now and into the future: Paula Greene, Manager Fundraising and Communications 250-388-7844/pgreene@jbcpc.bc.ca

For more information about Legacy Giving visit www.leavealegacy.ca or talk to your financial advisor.



Celebrating 40 years of Building Healthy Community Together 1975-2015

2015 is the 40th anniversary of the James Bay Community Project and we have a vision that we want to invite you to participate in.

To have a community where elders are taken care of, children have the best start in life and young people are able to fulfil their potential.

To live in a place where those who are lonely, ill or struggling to afford food get what they need and are included in their community.... in your community. Join us in making this vision a reality.

Dear Friends and Supporters:

Every day, every week, every month of the year, the James Bay Community Project gives help and support to members of your community. The programs and activities touch the lives of thousands of people. Infants and toddlers visit the family centre with their parents. Seniors come in for social gatherings and meals, or for health-related services.

Individuals and families at risk can access counselling and people of all ages enjoy the library or shop at the thrift store, the Community Closet. In addition to the services in the building, staff reach out to people across the City of Victoria with the Better at Home program and volunteer drivers.

JBCP can help and support these people because you help and support us. Your donations make a big difference. Many of the services at JBCP are funded purely through donations and without your help simply wouldn't exist. You are changing people's lives for the better, increasing their opportunities, improving their health.

On behalf of the board of directors, I want to thank you for your generosity and community spirit. And I want to thank you in advance for any support you can give us this year.

The staff at JBCP are dedicated and skilled; valued volunteers are tireless and committed. The people who participate in the programs are an inspiration to all of us. You help us complete the circle. Your assistance means we can maintain our existing services and look for new ways to improve the quality of life for our friends and neighbours.

Again, thank you.

George Jamieson
George Jamieson
Chair, Board of Directors



I would like to support the programs at James Bay Community Project

Enclosed is my cheque payable to James Bay Community Project

25 50 100 250 500 other _____

OR
I prefer to give on my Visa Mastercard

Name on Card: _____

Card Number: _____

Expiry: _____

Signature: _____

OR
 I wish to become a monthly donor please charge 12 monthly payments to my credit card

OR
 I wish to become a monthly donor please find enclosed 12 postdated cheques

I wish my donation to be anonymous

I would like to find out more about leaving a gift to JBCP in my will

Yes I would like to receive the JBCP Newsletter by mail by email

No thank you do not send me any further mail from JBCP

Yes I would like a charitable tax receipt

Please send it to:

Name: _____

Address: _____

Post Code: _____

Phone: _____

Email: _____

Please mail your donation with this form or drop it off at:
James Bay Community Project, 547 Michigan St. Victoria, BC V8V 1S5
Tel: 250.388.7844 E: askus@jbcpc.bc.ca

James Bay Community Project respects your privacy and adheres to the legislated privacy requirements. We do not and nor will we ever sell trade or rent out any of your personal information. For further information or if you have a question please contact: Paula Greene: pgreene@jbcpc.bc.ca 250.388.7844 ext 309 or visit www.jbcpc.bc.ca

Your donations help support Youth Outreach and Counselling.

For so many young people adolescence is a difficult time. Youth at risk are especially vulnerable and many young people fall through the cracks, facing mental health problems alone or starting to rely on alcohol and drugs to cope.

When you donate to James Bay Community Project you are helping support those vulnerable young people through programs such as Cool Cues, a social skills program for youth. You also make it possible for youth and their parents to receive individual counselling, crisis support and short or long term counselling.

“Community is the fruit of our capacity to make the interests of others more important than our own.”

*Bread for the Journey
Henri Nouwen*

Your donation gives families and their children a great start in life.

The Family Centre is always busy, full of the sounds of children laughing and playing with their parents or caregivers.



As the lyrics of ‘the wheels on the bus go round and round’ drift out of the Family Centre you know that healthy attachments, through play, song and stories are being formed. Many of the programs at the Family Centre are not funded through Government or Health money but rely on your generosity to keep them going.

Programs like the Parent Child Mother Goose program which is so successful we have a waiting list but urgently needs funding. Or the Welcome Playgroup which is a safe place for refugee and immigrant families with their children to meet and build connections with their new community.

‘It’s awesome for new mothers! I used the songs to calm the baby on car rides and he falls asleep. It has saved me many other times!’

Mother Goose Participant



Your Donation will make a difference :

- \$260 enables the youth outreach worker to run a social skills group.
- \$400 will support 12 sessions of counselling for a youth at risk
- \$1,000 will pay for 10 weeks of Parent Child Mother Goose

With your support we can help more seniors and adults with disabilities who are isolated in their own homes.

Imagine struggling to manage in your own home, perhaps you need help to fill in your tax return form or have diabetes and need foot care but you can’t afford it? What would it be like to have no family or friends nearby?

Your donations ensure that those who are isolated and on a low income will be matched with a volunteer and that they can access the free/low cost services at JBCP. Programs like foot care, low vision support and Seniors Connections weekly lunch.



When you donate you can help feed your community

Every day people come through the doors of James Bay Community Project hungry and because of the generosity of donors like you and organisations who donate in-kind goods we can offer some bread or a can of soup. For many families, seniors and adults with disabilities the limited income they have to live on just doesn’t stretch far enough and for those families grocery cards help stretch their budget to buy food.



1 x Grocery Card = \$25.00



24 cans of soup = \$50.00

You support over 300 Volunteers when you donate to JBCP.

Volunteers are the heart of James Bay Community Project and last year racked up an incredible 23,000 hours of volunteering.

When you donate to volunteers you are really supporting those who are most isolated and in need of help in your community.

A volunteer may drive someone to an appointment, do some shopping or provide a friendly visit to a person who can’t get out of the house.

One lady, who loves her garden but is gradually losing her sight, is still able to plant and enjoy her garden because volunteers come and help her.

*‘.. such a blessing.. thank you for sending her to me’.
What one participant says about his volunteer*



You touch people’s lives when you donate.

- \$40 pays for a Licensed Practice Nurse to provide 1 hour of footcare
- \$70.00 connects volunteers with isolated seniors and adults with disabilities by paying mileage costs
- \$160.00 will help isolated seniors meet for lunch every week.

Volunteer Opportunities

Please phone 250 388 7844 ext.308/lgleinzer@jbcpc.bc.ca for information about volunteering for any of the above programs