



## July 2018 Family Resource Centre Programs

For more info please visit [www.jbcp.bc.ca](http://www.jbcp.bc.ca)

547 Michigan St.  
Coordinator: 250-388-7844 Ext.313

### **WEEKLY PROGRAMS:**

#### ***Creative Play Drop-In (Birth to 5 years)***

A drop-in program which offers many free play activities such as play dough, painting, collage, puzzles, books, toys as well as outdoor play. A healthy snack is served around 10:30. Join our circle for songs and finger play after snack, or have a little more playtime outside before it's time to say goodbye.

**(Suggested donation \$2)**

#### ***Toddler Time Drop-In (Birth to 30 months)***

This drop-in program is suited to younger children 30 months and under. Children's play activities, snack and circle time are all part of the morning. **(Suggested donation \$2)**

#### ***Mother Goose Program (Birth – 12 months)***

Enjoy rhymes, songs and finger play. Listen to a story, learn to tell a story. Snack provided. **FREE**

**To register please phone 250-388-7844 Ext. 313**

#### ***Baby Group (Birth to 7 months)***

This support and information group includes: speakers, discussion, fun and friendship with other new parents. **FREE**  
**Registration required. Please phone 250-388-7844 Ext. 313**

#### ***Welcome Playgroup (Birth to 5 years)***

This playgroup is for families with young children (birth to 5 years) who are immigrants, refugees, newcomers to Canada (less than 10 years) and who speak English as a second language. Free play, art, puzzles, snack time. **FREE**

#### ***Family Dinner Drop-In (Birth to 12 years)***

The James Bay Community Project is pleased to announce a new drop-in program. This program will provide a place for families with children aged birth to twelve, to network and support one another. **FREE \*Call Janessa 250-415-7721**

#### ***Triple P Parenting Group (30 months – 10 years)***

Triple P Parenting promotes a strong parent-child relationship, enhancement of child development as well as management of children's behaviour in a constructive and non-harmful way. **No Child Care Available. Limited child care subsidy. Call Barbara at 250-388-7844 Ext. 312**

#### ***Girls Group (8-10 years old)***

Girls Group is a social group for girls 8-11 years old focusing on friendships, building confidence, and having fun. Join us for games, art and crafts, group activities and snacks. Program is **FREE** but registration is required. \*Call Deb at **250-388-7844 Ext. 366**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>Family Centre closed for Canada Day</b></p>	<p>3</p> <p>9-11:15 am <b>Toddler Time Drop-In</b> 4:00-6:00 pm <b>Family Dinner Drop-In</b></p>	<p>4</p> <p>12:30-2:00 pm <b>Mother Goose *FULL</b> Call to waitlist 250-388-7844 Ext 313</p>	<p>5</p> <p>9:00-11:15 am <b>Creative Play Drop-In</b></p>	<p>6</p> <p>9:00-11:15 am <b>Welcome Playgroup</b> Please see sidebar details</p>
<p>9</p> <p>9:00-11:15 am <b>Creative Play Drop-In</b></p>	<p>10</p> <p>9-11:15 am <b>Toddler Time Drop-In</b> 4:00-6:00 pm <b>Family Dinner Drop-In</b></p>	<p>11</p> <p>12:30-2:00 pm <b>Mother Goose *FULL</b> Call to waitlist 250-388-7844 Ext 313</p>	<p>12</p> <p>9:00-11:15 am <b>Creative Play Drop-In</b> 12:00-2:00 pm <b>Girls Group</b> Call to register 250-388-7844 Ext. 366</p>	<p>13</p> <p>9:00-11:15 am <b>Welcome Playgroup</b> Please see sidebar details</p>
<p>16</p> <p>9:00-11:15 am <b>Creative Play Drop-In</b></p>	<p>17</p> <p>9-11:15 am <b>Toddler Time Drop-In</b> 4:00-6:00 pm <b>Family Dinner Drop-In</b></p>	<p>18</p> <p>12:30-2:00 pm <b>Mother Goose *FULL</b> Call to waitlist 250-388-7844 Ext 313</p>	<p>19</p> <p>9:00-11:15 am <b>Creative Play Drop-In</b> 12:00-2:00 pm <b>Girls Group</b> Call to register 250-388-7844 Ext. 366</p>	<p>20</p> <p>9:00-11:15 am <b>Welcome Playgroup</b> Please see sidebar details</p>
<p>23</p> <p>9:00-11:15 am <b>Creative Play Drop-In</b></p>	<p>24</p> <p>9-11:15 am <b>Toddler Time Drop-In</b> 4:00-6:00 pm <b>Family Dinner Drop-In</b></p>	<p>25</p> <p>12:30-2:00 pm <b>Mother Goose *FULL</b> Call to waitlist 250-388-7844 Ext 313</p>	<p>26</p> <p>9:00-11:15 am <b>Creative Play Drop-In</b> 12:00-2:00 pm <b>Girls Group</b> Call to register 250-388-7844 Ext. 366</p>	<p>27</p> <p>9:00-11:15 am <b>Welcome Playgroup</b> Please see sidebar details</p>
<p>30</p> <p>9:00-11:15 am <b>Creative Play Drop-In</b></p>	<p>31</p> <p>9-11:15 am <b>Toddler Time Drop-In</b> 4:00-6:00 pm <b>Family Dinner Drop-In</b></p>			

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James Bay Community Project



@jamesbaycp