



September 2017

Family Resource Centre Programs

For more info please visit www.jbcp.bc.ca

547 Michigan St.
Coordinator: 250-388-7844 Ext.313

WEEKLY PROGRAMS:

Creative Play Drop-In (Birth to 5 years)

A drop-in program which offers many free play activities such as play dough, painting, collage, puzzles, books, toys as well as outdoor play. A healthy snack is served around 10:30. Join our circle for songs and finger play after snack, or have a little more playtime outside before it's time to say goodbye. **(Suggested donation \$2)**

Toddler Time Drop-In (Birth to 30 months)

This drop-in program is suited to younger children 30 months and under. Children's play activities, snack and circle time are all part of the morning. **(Suggested donation \$2)**

Mother Goose Program (Birth – 12 months)

Enjoy rhymes, songs and finger play. Listen to a story, learn to tell a story. Snack provided. **FREE**
To register please phone 250-388-7844 Ext. 313

Baby Group (Birth to 7 months)

This support and information group includes: speakers, discussion, fun and friendship with other new parents. **FREE**
Registration required. Please phone 250-388-7844 Ext. 313

Welcome Playgroup (Birth to 5 years)

This playgroup is for families with young children (birth to 5 years) who are immigrants, refugees, newcomers to Canada (less than 10 years) and who speak English as a second language. Free play, art, puzzles, snack time.
FREE Please phone 250-388-7844 Ext. 313

Family Dinner Drop-In* (Birth to 12 years)

The James Bay Community Project is pleased to announce a new drop-in program. This program will provide a place for families with children aged birth to twelve, to network and support one another. **FREE *Call Janessa 250-415-7721**

Triple P Parenting Group (30 months – 10 years)

Triple P Parenting promotes a strong parent-child relationship, enhancement of child development as well as management of children's behaviour in a constructive and non-harmful way. **No Child Care Available. Limited child care subsidy.** Call Barbara at 250-388-7844 Ext. 312

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Family Centre Closed For Cleaning and Maintenance Family Centre reopens September 5
4 James Bay Community Project Closed for Labour Day	5 9-11:15 am Toddler Time Drop-In 4:00-6:00 pm Family Dinner Drop-In	6	7 9:00-11:15 am Creative Play Drop-In	8 9:00-11:15 am Welcome Playgroup Please see sidebar details
11 9:00-11:15 am Creative Play Drop-In	12 9-11:15 am Toddler Time Drop-In 4:00-6:00 pm Family Dinner Drop-In	13 12:30-2:00 pm Mother Goose Call to waitlist 250-388-7844 Ext 313	14 9:00-11:15 am Creative Play Drop-In	15 9:00-11:15 am Welcome Playgroup Please see sidebar details
18 9:00-11:15 am Creative Play Drop-In	19 9-11:15 am Toddler Time Drop-In 4:00-6:00 pm Family Dinner Drop-In	20 12:30-2:00 pm Mother Goose Call to waitlist 250-388-7844 Ext 313	21 9:00-11:15 am Creative Play Drop-In	22 9:00-11:15 am Welcome Playgroup Please see sidebar details
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